



ANTHONY PARNELL, M.S.W.

SPEAKER | LIFE COACH | BUSINESS COACH | AUTHOR

Anthony Parnell, M.S.W. is a Life Coach, Business Coach, and Published Author of several books who is passionate about helping individuals and businesses explore and reach their full potential. He also hosts the Podcast “The Anthony Parnell Show” where he interviews a cross section of Entrepreneurs, CEO’s, Authors, and Health & Wellness Experts to help listeners achieve their personal and professional goals while attaining a holistic vision of success.



TOPICS

I AM...SUCCESS

- A Roadmap for Achieving Your Goals and Fulfilling a Life Vision of Holistic Success

The Affirmation Cure

- Utilize the Power of Affirmations and Faith to Achieve Your Personal and Professional Goals

Entrepreneurship 101

- Strategies for Starting, Building, and Maintaining Thriving Businesses

Organizational Management 101

- Strategies for Starting, Building, and Maintaining Thriving Organizations

Work-Life Balance

- Utilizing techniques and principles in Anthony Parnell’s book “*The 7 Laws of Stress Management: Life-Changing Strategies for Maintaining Balance in Your Personal and Professional Life*”

Leadership and Team Building

- Executive Coaching for Managers (One-on-One Sessions)
- Strategies and Techniques for Maximizing Employee Performance

FATHERHOOD

- Strategies and Solutions for Addressing the Epidemic of Absent Fathers in America

Healing through Writing

- Utilize The Power of Journaling to Heal Emotionally and Grow Spiritually

Poetry Readings

- Anthony is a Published Author of several volumes of poetry

Booking Information

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www.TheAnthonyParnellShow.Podbean.com

REVIEWS

“Over the years, I have witnessed Parnell’s ability to engage authentically and effectively with diverse audiences through his writings and when speaking, as well as his unique ability to connect, motivate and inspire.”

Monique Earl-Lewis, PhD

Director, The Faculty Development Center
Morehouse College

“Anthony is not just committed to sharing his personal message of self-improvement and reaching one’s potential. He’s committed to doing his part to uplift the overall community.”

Lisa Styles

Chief News Correspondent
VegasBuzzTV

“Anthony possesses the rare ability to reach individuals from all walks of life on a very personal level whether it be in a large audience setting or through one-on-one, face-to-face interactions.”

LaShawn Wells, JD, CLC

Owner, Right Choice Coaching

Social Media

Twitter



Facebook



LinkedIn



Instagram

